

1 CARE CONNECT

1 CARE PREMIER SERVICES' COMMUNITY NEWSLETTER



1 Care Premier Foster Parents--welcome to our community newsletter, where we celebrate and honor your exceptional dedication and unwavering commitment to caring for children in need, update you on upcoming events and share local resources and important agency announcements and reminders. Your role as foster parents is not just a responsibility but a profound act of love and compassion that shapes the lives of those in your care.

Your selfless devotion to providing a safe and nurturing environment for children facing challenges speaks volumes about your character and heart. Your willingness to open your homes and hearts demonstrates a level of commitment that is truly inspiring. As 1 Care Premier Foster Parents, you are at the forefront of making a positive impact on the lives of these young individuals, offering them stability, guidance, and above all, a sense of belonging. Your dedication to their well-being, growth, and happiness is a testament to your strength and resilience. We appreciate all that you do!

SUMMER IS HERE

TIPS FOR A SAFE & FUN SEASON WITH YOUR FOSTER CHILDREN

As summer arrives, it's essential to ensure that foster children stay safe and enjoy the season. Here are some valuable tips to help make this summer both enjoyable and secure for your foster children:

- **Sun Safety:** Encourage foster children to wear sunscreen, hats, and sunglasses when spending time outdoors to protect their skin from harmful UV rays.
- **Hydration:** Remind children to drink plenty of water throughout the day, especially when engaging in physical activities or spending time in the sun to stay hydrated.
- **Water Safety:** Teach children about water safety rules, such as never swimming alone, always having adult supervision near water, and wearing appropriate flotation devices when necessary.
- **Summer Activities:** Help foster children explore fun and engaging summer activities, such as outdoor games, picnics, nature walks, arts and crafts projects, or sports to keep them active and entertained.
- **Healthy Eating:** Encourage children to enjoy a variety of fresh fruits, vegetables, and nutritious snacks to maintain a balanced and healthy diet during the summer months.
- **Stay Cool:** Provide tips on how to stay cool during hot days, such as seeking shade, using fans or air conditioning, wearing light and breathable clothing, and taking cool showers or baths.
- **Bug Safety:** Teach children about insect bite prevention and how to protect themselves from mosquitoes and ticks by using insect repellent, wearing long sleeves and pants in wooded areas, and checking for ticks after spending time outdoors.
- **Summer Learning:** Encourage foster children to engage in educational activities during the summer break, such as reading books, visiting museums, attending summer camps,



or participating in educational programs to continue learning and exploring new interests.

- **Emotional Support:** Be attentive to the emotional well-being of foster children during the summer, as changes in routine or transitions can sometimes be challenging. Provide a safe space for them to express their feelings and concerns.
- **Communication:** Foster open communication with children about their summer plans, activities, and any concerns they may have. Encourage them to voice their preferences and interests to help create a positive and fulfilling summer experience.

SPECIAL OFFER FOR PARENTS: SUMMER ACTIVITY VOUCHERS

This summer, 1 Care Premier Services is excited to offer **reimbursement vouchers for summer activities**, sponsored by our generous partners. These vouchers can be used for a variety of fun and educational summer programs, ensuring that your foster children have access to enriching experiences throughout the season. **Stay tuned for more details on how to redeem your vouchers!**





1 CARE PREMIER FOSTER PARENT SUPPORT GROUP

We are excited to announce the kickoff of our **1 Care Premier Foster Parent Support Group!** Starting on the last Thursday of every month, join us for **our first session on June 27, 2024, at 7 PM.** The support group will be hosted virtually by Ms. Ro'Linder Wright, LCSW.

This is a fantastic opportunity to connect with fellow foster parents, share experiences, and gain valuable insights and support from a licensed clinical social worker. We look forward to seeing you there! Stay tuned for more details on how to join the virtual meeting. Together, we can make a positive difference in the lives of foster children and families. Thank you for being the best part of the 1 Care Premier Services community, where *our 1 care is you!*



PREPARING FOR YFT YOUTH FOR TOMORROW

We are currently preparing for the YFT youth for tomorrow's annual onsite read. Thank you to all parents who have turned in their monthly documentation on time. Parents selected for an interview by YFT will be notified by their case manager.

Reminder for Monthly Foster Parent Notes

Please keep the following guidelines in mind when preparing your monthly notes:

1. Review Your Documentation: Ensure accuracy and completeness.
2. Use the Agency's Philosophy Methods:
 - o Praises and Reward Systems
 - o Token Method
 - o Extra time on devices for good behavior and progress



FOSTER PARENTS OF THE QUARTER

We are thrilled to announce the implementation of our **Foster Parents of the Quarter Award!** This quarter, we are recognizing two exceptional sets of foster parents.

This Quarter's Honorees:

- Mr. and Mrs. Davis
- Coreina Cruz and Jim Lester

We are incredibly grateful for their dedication, compassion, and unwavering support for foster children. Their commitment and care make a significant difference in the lives of the children they nurture. Thank you for your outstanding contributions to the 1 Care Premier Services community!

WELCOME NEW FOSTER PARENT

We are delighted to welcome Eleanor Johnson as a new foster parent to 1 Care Premier Services. Welcome aboard, Eleanor! We are excited to have you as part of our 1 Care family!

Additionally, make sure to document:

- All serious incidents.
- Any major incidents at home or school.
- Any incidents where the child's behavior is abnormal or compromises others.
- Any fights, arguments, spats, or disagreements between foster children or foster parents.
- Serious incidents that warrant immediate intervention.



Medication Logs

Thank you for improving your medication logs and correcting previous issues. Here are some continued tips for medication logs:

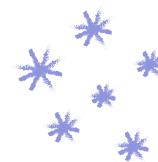
1. **Timely Completion:** Complete the medication logs up to the date each time medication is administered.
2. **Signatures:** The person administering the medications should sign the medication logs.
3. **Accurate Reflection:** Medication logs should accurately reflect the medication prescribed to the child.
4. **Receipts:** Obtain and provide copies of all medication receipts to the case manager.
5. **Proper Documentation:** Fill out the medication logs accordingly, documenting any changes on the 2043 form.
6. **Case Manager Communication:** Contact your case manager with the date of any appointment involving a medication increase or decrease to get approval from the CPS worker.
7. **Form 4526:** Ensure the form 4526 is completed by the physician or physician's office when there is a change in psychotropic medications.

Thank you for your continued diligence and cooperation. Your efforts are vital to the well-being and success of our foster children.



1 CARE PREMIER'S 1ST ANNUAL BACK-TO-SCHOOL EVENT

We are excited to announce our first annual Back-to-School event! The date and details are still to be announced (TBA), so stay tuned for more information. This event will be a wonderful opportunity for our foster children to receive school supplies, meet other families, and get excited for the upcoming school year. We look forward to seeing you there!



IMPORTANT REMINDERS

Thank you for your attention to these important reminders. Your preparedness and proactive approach contribute to the safety and well-being of our foster and adoptive families.



- Disaster Plan for DFPS Foster and Adoptive Homes (Form K-908-2288): Ms. Sofia sent out the form on May 20, 2024. **Please ensure you have completed and returned it promptly.**
- Severe Weather Drill: Severe weather drills are **due at the end of the month**. Be sure to complete them to ensure the safety of your family and foster children.

Hurricane Season 2024:

- Hurricane season starts on June 1, 2024. Experts warn that this year's season will be very active, urging the public to prepare.
- The season runs from June 1 to Nov. 30. Please take necessary precautions and stay informed about weather updates and evacuation procedures.